

## Physical Examination Manual by Taiwan Adventist Hospital (for Male)

| ITEMS                               | CONTENTS  |
|-------------------------------------|---|
| 1.Registration                      |   |
| 2.General Check-up                  | • Height • Weight • Blood Pressure  |
| 3.Physical Exam. By Family Doctor   | Physical Examination (include: head, eyes, ears, nose, mouth, neck, skin, lymphnodes, chest, heart, breast, abdomen, hernia, rectal examination)  |
| 4.Hematology<br>C.B.C.              | •WBC •RBC •HB •HCT •MCV •MCH •MCHC •PLT •DIFF   |
| 5.Blood Biochemical Survey          | <ul> <li>Blood Sugar: Glucose, Fasting, HBA1C</li> <li>Lipid Analysis: Total Cholesterol, HDL, LDL, Triglycerides</li> <li>Kindney Function: Bun, Creatinine</li> <li>Gout: Uric Acid</li> <li>Liver Function: TP, Albumin, Globulin, Alk.P., Bili. T, Bili. D., GOT, GPT, r-GT</li> <li>Hepatology: HBsAg, Anti-HBs, Anti-HCV</li> <li>Thyroid Function: Free T4, TSH</li> </ul> |
|                                     | • Immune: RF factor, ANA, Vitamin D   |
| 6.Urinalysis                        | • Sugar • Bilirubin • Sp.Gr. • Protein • Urobilinogen • Blood<br>• PH • Nitrite • WBC • Ketone • Sediments  |
| 7.Cancer Screen                     | • AFP(fetoprotein) • CEA(carcinoembryonic antigen) • CA199 • PSA  |
| 8.Endoscopy                         | UGI Panendoscopy (include Anesthesia)     Colon Fiberoscopy (include Anesthesia)  |
| 9.Neck carotid Artery ultrasound    | Check for carotid Artery patency  |
| 10.Electrocardiogram                | • Rest EKG • Heart Echo.  |
| 11.Pulmonary Function Tests         | •FVC •FEV1 •FEV1%G •MMEF L/S  |
| 12.Ophthalmologic Exam.             | • Vision • Tonometry • Color • Intraocular Pressure screening   |
| 13.BMD                              | Bone Mineral Density (L-Spine+Hip-Lt+Hip-Rt)  |
| 14. Autonomic nervous system        | · Haeart rate variablity  |
| 15.Magnetic resonance imaging (MRI) | 8 regions of study: Whole body MRI is a study of 8 regions: Brain, Neck, Cervical Spine, Thoracic Spine, Lumbar Spine, Chest, Abdomen and Pelvic.   |
| 16.Lung CT scan<br>Cardiac CT scan  | <ul> <li>Revolution Lung tumor scan</li> <li>Revolution Cardiac coronary artery scan</li> <li>Coronary artery disease survey CT scan (with contrast)</li> </ul>   |
| 17.Brain MRI                        | • Brain MRI; (with contrast)  |
| 18.Breakfast                        | Western Style (Whole Wheat Sandwich and Soy Milk) or Chinese Style (Congee or Steam Bread and Entries as choice)  |
| 19.Result Explanation by Physician  |   |
| 20.Medical Report                   | Physical Examination Health Evaluation Report. Result Explanation by Physician.   |
| 21.Follow-up Service                | • Health Education • Healthful Living Consulting • Health Related Activities  NT\$ 109,800  |

- 1. Hours of Physical Examination Mondays through Friday 8:00Am ~ 16:00 Pm  $^{\circ}$
- 2. Your Examination routing is accompanied •
- 3. To schedule for physical examination please call four week a head, you should give us your height and body weight when you call in  $\circ$
- 4. To reach us you may call 2771-8151 ext 2773 or 2667  $\circ$



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|                                     | •PH •Nitrite •WBC •Ketone •Sediments   |
| 7.Cancer Screen                     | • AFP(fetoprotein)   |
|                                     | • CEA(carcinoembryonic antigen)  |
|                                     | • CA-199   |
|                                     | •CA-153  |
|                                     | •CA-125  |
| 8.X-ray Examination                 | • Mammography  |
| 9.Endoscopy                         | UGI Panendoscopy (include Anesthesia)  |
| ).Endoseopy                         | Colon Fiberoscopy (include Anesthesia)     Colon Fiberoscopy (include Anesthesia)  |
| 10.Neck carotid Artery ultrasound   | Check for carotid Artery patency   |
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|                                     | •  |
| 16.Pap Smear                        | • Pap Smear (Female)   |
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| Cardiac CT scan                     | Revolution Cardiac coronary artery scan  |
|                                     | Coronary artery disease survey CT scan (with contrast)   |
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