

## Physical Examination Manual by Taiwan Adventist Hospital (for Male)

ITEMS	CONTENTS
1.Registration	
2.General Check-up	•Height    •Weight    •Blood Pressure
3.Physical Exam. By Family Doctor	•Physical Examination (include: head, eyes, ears, nose, mouth, neck, skin, lymphnodes, chest, heart, breast, abdomen, hernia, rectal examination)
4.Hematology C.B.C.	•WBC    •RBC    •HB    •HCT    •MCV    •MCH    •MCHC •PLT    •DIFF
5.Blood Biochemical Survey	•Blood Sugar: Glucose Fasting , HbA1C •Lipid Analysis: Total Cholesterol , HDL ,LDL, Triglycerides •Kindney Function: Bun , Creatinine •Gout : Uric Acid •Liver Function :TP, Albumin, Globulin, Alk.P. , Bili. T, Bili. D., GOT, GPT, r-GT •Hepatology : HBsAg, Anti-HBs, Anti-HCV •Thyroid Function:Free T4, TSH
6.Blood Group	•Blood Type    •RH
7. Veneral Disease	•RPR Test    •HIV
8.Urinalysis	•Sugar    •Bilirubin    •Sp.Gr.    •Protein    •Urobilinogen    •Blood •PH    •Nitrite    •WBC    •Ketone    •Sediments
9.Stool Examination	•FOBT
10.Cancer Screen	•AFP(--fetoprotein) •CEA(carcinoembryonic antigen) •CA199 •PSA
11.X-ray Examination	•Chest PA •L-Spine
12.Neck carotid Artery ultrasound	Check for carotid Artery patency
13.Electrocardiogram	•Rest EKG    •Treadmill EKG
14.Nasopharyngoscopy	• Nasopharyngoscopy (R.P.L.)
15.Ophthalmologic Exam.	•Vision    •Tonometry    •Color
16.BMD	• Bone Mineral Density (L-Spine+Hip-Lt+Hip-Rt)
17.Sonogram Examination	•Abdominal Sonography
18.Panendoscopy	Three select one •UGI Panendoscopy (or C13 or Sigmoidofiberoscopy) •Sigmoidofiberoscopy ( or C13 or UGI Panendoscopy ) •C13 (or UGI Panendoscopy or Sigmoidofiberoscopy)
19.Breakfast	Western Style (Whole Wheat Sandwich and Milk) or Chinese Style (Congee or Steam Bread and Entries as choice)
20.Result Explanation by Physician	
21.Medical Report	Physical Examination Health Evaluation Report. Result Explanation by Physician.
22.Follow-up Service	•Health Education    •Healthful Living Consulting    •Health Related Activities
<b>NT\$15,800</b>	

1. Your Examination routing is accompanied ◦
2. To schedule for physical examination please call two week a head ◦
3. To reach us you may call 2771-8151 ext 2773 or 2667 ◦

## Physical Examination Manual by Taiwan Adventist Hospital ( Female)

ITEMS	CONTENTS
1.Registration	
2.General Check-up	•Height    •Weight    •Blood Pressure
3.Physical Exam. By Family Doctor	•Physical Examination (include: head, eyes, ears, nose, mouth, neck, skin, lymphnodes, chest, heart, breast, abdomen, hernia, rectal examination)
4.Hematology C.B.C.	•WBC    •RBC    •HB    •HCT    •MCV    •MCH    •MCHC •PLT    •DIFF
5.Blood Biochemical Survey	•Blood Sugar: Glucose Fasting , HbA1C •Lipid Analysis: Total Cholesterol , HDL ,LDL, Triglycerides •Kindney Function: Bun , Creatinine •Gout : Uric Acid •Liver Function :TP, Albumin, Globulin, Alk.P. , Bili. T, Bili. D., GOT, GPT, r-GT •Hepatology : HBsAg, Anti-HBs, Anti-HCV •Thyroid Function: Free T4, TSH
6.Blood Group	•Blood Type    •RH
7. Veneral Disease	•RPR Test    •HIV
8.Urinalysis	•Sugar    •Bilirubin    •Sp.Gr.    •Protein    •Urobilinogen    •Blood •PH    •Nitrite    •WBC    •Ketone    •Sediments
9.Stool Examination	•FOBT
10.Cancer Screen	•AFP(--fetoprotein) •CEA(carcinoembryonic antigen) •CA-199 •CA-153 •CA-125
11.X-ray Examination	•Chest PA    •L-spine
12.Neck carotid Artery ultrasound	Check for carotid Artery patency
13.Electrocardiogram	•Rest EKG    •Treadmill EKG
14.Nasopharyngoscopy	• Nasopharyngoscopy (R.P.L.)
15.Ophthalmologic Exam.	•Vision    •Tonometry    •Color
16.BMD	• Bone Mineral Density (L-Spine+Hip-Lt+Hip-Rt)
17.Sonogram Examination	•Abdominal Sonography
18.Pap Smear	•Pap Smear (Female)
19.Gynecologic Examination	• Gyn. Sonography • Breast Sonography
20.Panendoscopy	Three select one •UGI Panendoscopy (or C13 or Sigmoidofiberoscopy) •Sigmoidofiberoscopy ( or C13 or UGI Panendoscopy ) •C13 (or UGI Panendoscopy or Sigmoidofiberoscopy)
21.Breakfast	Western Style (Whole Wheat Sandwich and Milk) or Chinese Style (Congee or Steam Bread and Entries as choice)
22.Result Explanation by Physician	
23.Medical Report	Physical Examination Health Evaluation Report. Result Explanation by Physician.
24.Follow-up Service	•Health Education    •Healthful Living Consulting    •Health Related Activities
<b>NT\$16,600</b>	

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## Taiwan Adventist Hospital Instructions for Physical Examination

1. Please **fast from 12MN** to the next morning before the physical examination (including water, drinks, medications and tobacco/beverage);
2. Please arrive the Physical Examination Center (PEC) around **08:10 a.m.** on the physical examination day.
3. Please bring the **stool specimen** and **jogging or sport shoes**.
4. **Please be prepared for the necessary payment either pay in cash or by your credit card.**
5. When a female examinee is **menstruating**, she is required to inform the PEC medical staff to re-schedule the appointment for the gynecology examination.
6. Please refrain taking the pills after 12 MN., if the examinee is taking the medications for the chronic treatment (i.e. diabetics...), and bring the named medication to the PEC.
7. Please return to the PEC for the physical advice by the examined doctor and health educator.
8. On the physical examination day, **please wear regular eyeglasses** instead of contact lenses in order to receive the eye pressure examination.
9. Please inform the examining doctor prior to the examination, if the examinee has had surgery, glaucoma, diabetics, or goiter disease, or being pregnant, etc.
10. Please take the public transportation instead of driving own vehicle due to the parking space at the hospital is limited.
11. Please inform the medical staff if the examinee is pregnant or possibly pregnant, in order to avoid taking the radiology examination.