

Physical Examination Manual by Taiwan Adventist Hospital (for C)

ITEMS	CONTENTS
1.Registration	
2.General Check-up	•Height •Weight •Blood Pressure
3.Physical Exam. By Family Doctor	•Physical Examination (include: head, eyes, ears, nose, mouth, neck, skin, lymphnodes, chest, heart, breast, abdomen, hernia, rectal examination)
4.Hematology C.B.C.	•WBC •RBC •HB •HCT •MCV •MCH •MCHC •PLT •DIFF
5.Blood Biochemical Survey	•Blood Sugar: Glucose Fasting, HbA1C •Lipid Analysis: Total Cholesterol , HDL ,LDL, Triglycerides •Kindney Function: Bun , Creatinine •Gout : Uric Acid •Liver Function :TP, Albumin, Alk.P , Bili. T, Bili. D., GOT, GPT, r-GT •Hepatology : HBsAg, Anti-HBs, Anti-HCV •Thyroid Function: Free T4, TSH
6. Veneral Disease	•RPR Test •HIV
7.Urinalysis	•Sugar •Bilirubin •Sp.Gr. •Protein •Urobilinogen •Blood •PH •Nitrite •WBC •Ketone •Sediments
8.Stool Examination	•FOBT
9.Cancer Screen	•AFP(--fetoprotein) •CEA(carcinoembryonic antigen) •CA199 •PSA (for male) •CA-125 (for Female)
10.X-ray Examination	•Chest PA •L-Spine
11.Neck carotid Artery ultrasound	•Check for carotid Artery patency
12.Electrocardiogram	•Rest EKG •Treadmill EKG
13.Ophthalmologic Exam.	•Vision •Tonometry •Color
14.BMD	• Bone Mineral Density (L-Spine+Hip-Lt+Hip-Rt)
15.Sonogram Examination	•Abdominal Sonography
16.Breakfast	Western Style (Whole Wheat Sandwich and Milk) or Chinese Style (Congee or Steam Bread and Entries as choice)
17.Result Explanation by Physician	
18.Medical Report	Physical Examination Health Evaluation Report. Result Explanation by Physician.
19.Follow-up Service	•Health Education •Healthful Living Consulting •Health Related Activities
NT\$9,800	

1. To schedule for physical examination please call one week a head ◦
2. To reach us you may call 2771-8151 ext 2773 or 2667 ◦

Taiwan Adventist Hospital Instructions for Physical Examination

1. Please **fast from 12MN** to the next morning before the physical examination (including water, drinks, medications and tobacco/beverage);
2. Please arrive the Physical Examination Center (PEC) around **08:30-09:00 a.m.** on the physical examination day.
3. Please bring the **stool specimen** and **jogging or sport shoes**.
4. **Please be prepared for the necessary payment either pay in cash or by your credit card.**
5. When a female examinee is **menstruating**, she is required to inform the PEC medical staff to re-schedule the appointment for the gynecology examination.
6. Please refrain taking the pills after 12 MN., if the examinee is taking the medications for the chronic treatment (i.e. diabetics...), and bring the named medication to the PEC.
7. Please return to the PEC for the physical advice by the examined doctor and health educator.
8. On the physical examination day, **please wear regular eyeglasses** instead of contact lenses in order to receive the eye pressure examination.
9. Please inform the examining doctor prior to the examination, if the examinee has had surgery, glaucoma, diabetics, or goiter disease, or being pregnant, etc.
10. Please take the public transportation instead of driving own vehicle due to the parking space at the hospital is limited.
11. Please inform the medical staff if the examinee is pregnant or possibly pregnant, in order to avoid taking the radiology examination.